

**TEAM CAROLINA  
PLAYER CODE OF CONDUCT  
SPRING 2019**



I will do my best to act at all times in a manner that brings credit to me, my family, my team and to Team Carolina. In particular:

1. I will refrain from using tobacco products, alcohol, or illegal drugs at any time. I understand that the Hoops Lab/JWB Elite Training & Team Carolina maintain a no tolerance policy for student-athletes and that the use of alcohol, tobacco, or drugs is grounds for immediate dismissal from the club.
2. I will appreciate the hard work of the coaches and my parents in providing me the opportunity to be the best player and person that I can be.
3. I will dedicate myself to this group and give my best efforts towards reaching my personal and team goals as I expect they will do for me.
4. I will respect my teammates and will refrain from criticizing them on the court or off. I will remain positive. I will not speak of my teammates, coach's, or organization in a derogatory manner. If I have concerns or problems I will speak with my parents, coach(es), and/or advocates to find a resolution.
5. I understand that playing time is earned, not guaranteed. All players will be given equal opportunity and instruction to earn their position, but it is up to me to put forth the effort. I understand that I must earn my position and time on the court by showing the will to compete, the desire to support my teammates on the floor, and the heart to do whatever it takes to give everything I have to the match.
6. I will do my best to be present at all team functions (practices, tournaments, overnight trips, meetings, special events, etc.) unless I receive prior permission from my Head Coach. I recognize that failure to meet my obligations to the team could result in reductions in playing time.
7. I realize in the event I must miss a practice, tournament, or team event, the coach must be notified IN ADVANCE by both E-mail **and** Phone (24 hours advance notice for a practice and one month advance notice for a tournament).
8. During tournaments and overnight trips I will:
  - a. Respect and follow the rules, regulations, and curfews established by the Coaches and/or Chaperones at all times.
  - b. Arrive on time. I will notify the Head Coach and Chaperone immediately once I realize travel conditions may cause me to be late. If I arrive late without prior notification, my play will be limited to exceptional substitutions due to injury during the first game for which I am present.
  - c. Remain with at least one of my teammates or my parents at all times.
  - d. Abide by all rules established by Hoop Lab Staff/Team Carolina and Chaperones.
  - e. Act respectfully towards other teams, players, coaches and officials.
  - f. Not leave a tournament site or practice without notifying my Head Coach.
  - g. Accept that unsportsmanlike conduct may be grounds for suspension, dismissal and/or removal from a game or tournament.

Player Name: \_\_\_\_\_ Date: \_\_\_\_\_

Player Signature: \_\_\_\_\_